






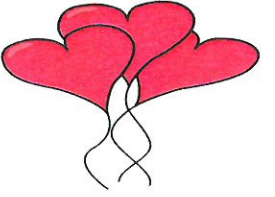


# Parkvale Lodge February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>"Giving back to the Community"</b></p>	<p><i>Giving from the Heart</i></p>		<p><u>Codes</u> E-Ellie S-Sherry A-Angela D-Diane V-Volunteer RV-Resident Volunteer</p>	<p>1 9:30-Exercise E 10:30-Giant Crosswords 2:00-Happy 29th Birthday Parkvale Trivia 3:00-Birthday Cake E 5:30-"500" RV</p>	<p>2 9:30-Exercise E 9:45-Catholic Service V 10:30-Pet Visits V 11:15-Out to Lunch Bunch "Rusty Pelican E 5:30-Card Bingo RV</p>	<p>3 5:30-Family Movie RV</p>
<p>4 1/2 way thru winter </p>	<p>5 9:30-Exercise A 10:30-Schlback A 2:00-Poplar Ridge Singers A 3:30-Skipbo A 5:30-Whist RV</p>	<p>6 9:30-Exercise E 10:45-Student charade 1:30-Angican Communion V 2:00-Jim Entertainment 3:30-Hot Hands E 5:30-Crib RV</p>	<p>7 9:30-Exercise E 10:30-Bible Study V 12:30-Bower Mall V 3:30-Reading w Louise 5:30-Movie Night RV</p>	<p>8 9:30-Exercise E 10:30-"LCR" V 2:00-Happy Hour E 3:30-Adult Colouring E 5:30-"500" RV</p>	<p>9 9:30-Exercise E 9:45-Catholic Service V 10:30-Pet Visits V 2:00-Loonie Bingo E 5:30-Card Bingo RV</p>	<p>10 5:30-Family Movie RV</p>
<p>11 2:15-Crossroads Church</p>	<p>12 9:30-Exercise A 10:30-Bowling A 2:00-Regular Bingo A 3:30-Famous Couples Trivia A 5:30-Whist RV</p>	<p>13 <u>Shrove Tuesday</u> 7:30-Pancake Breaky E 9:30-Exercise E 10:30-Resident Assoc Annual Meeting RV 2:00-Love Stories E 5:30-Crib RV</p>	<p>14 9:30-Exercise RV  10:30-Bible Study V 12:30-Parkland Mall V 6:00-8:00-Wine &amp; Paint Valentine Party E </p>	<p>15 9:30-Exercise E 10:30-More Soup &amp; Me E 1:45-Gail &amp; Friends Entertaining E 2:45-Neighbourhood Block Party Coffee E 5:30-"500" RV</p>	<p>16 <u>Year of the Dog</u> 9:30-Exercise E 9:45-Catholic Service V 10:30-Pet Visits V 2:00-Chinese New Year Gift Exchange E 5:30-Card Bingo RV</p>	<p>17 12:30-RR#4 Entertaining V 5:30-Family Movie RV </p>
<p>18 2:15-Fellowship w Pauline &amp; Friends RV</p>	<p>19 <b>Family Day!</b> </p>	<p>20 9:30-Exercise E 10:30-Buzzword E 2:00-Sharing Time E 4:45-Chinese Food Take Out E</p>	<p>21 9:30-Exercise E 10:30-Bible Study V 12:30-Bower Mall V 3:30-Reading w Louise 5:30-Movie Night RV</p>	<p>22 9:30-Exercise E 10:30-"LCR" V 2:00-Adult Colouring RV 5:30-Card Bingo RV </p>	<p>23 9:30-Exercise E 9:45-Catholic Service V 10:30-Pet Visits V 1:45-Ol' Frisky E 2:45-Birthday Cake E 5:30-Card Bingo RV</p>	<p>24 5:30-Family Movie RV</p>
<p>25 2:15-United Church</p>	<p>26 9:30-Exercise A 10:30-Schlback A 2:00-Card Bingo A 3:30-Heart to Heart A 5:30-Whist RV</p>	<p>27 9:30-Exercise E 10:30-Apples to Apples 2:00-Social Time E 3:30-Adult Colouring E 5:30-Crib RV</p>	<p>28 9:30-Exercise E 10:30-Bible Study V 12:30-Parkland Mall V 5:30-Movie Night RV</p>		<p><u>February Birthday</u> Voilet Elliot 6 Louise Tiihonen 8 Doris Kinnear 12 Dorene Royke 16 Muriel Dodd 23</p>	<p><b>Our days are HAPPIER when we give people a bit of our heart rather than a piece of our mind.</b> <a href="http://www.livelifehappy.com">www.livelifehappy.com</a></p>